

# Breakfast

Served from 7.30am till 12.00pm

\* Served till 5.00pm

## \*Regular breakfast

Grilled thick cut bacon, pork & leek sausage, free range fried egg, grilled tomato,  
Baked beans.....£5.65

## Siabod's breakfast

Grilled thick cut bacon, pork & leek sausage, free range fried egg, grilled tomato,  
Fried mushrooms, black pudding, baked beans, hash browns, one slice of toast  
And includes a Mug of filter coffee or a pot of tea for  
one.....£9.25

## Vegetarian breakfast

Glamorgan sausage, hash browns, free range fried egg, grilled tomato,  
Fried mushrooms, baked  
beans.....£6.75

## Siabod's special

French toast (two pieces of bread wrapped and fried in egg) with grilled thick cut bacon  
and  
Maple  
syrup.....£5.85

## Other breakfast options:

Smoked salmon and free range scrambled  
eggs.....£7.95

Free range soft poached eggs on buttered  
toast.....£4.15

Free range scrambled eggs with melted red welsh mature cheddar cheese on

toast.....£5.35

\*Grilled thick cut bacon or pork & leek sausage  
bap.....£4.20

\*Grilled thick cut bacon or pork & leek sausage bap with free range fried  
egg.....£4.70

Two slices of toast with welsh butter (jam or marmalade or marmite  
extra).....£1.50 (£2.00)

Porridge with honey or Demerara  
sugar.....£3.85

**Extras:**                    *small items £0.75*                    *large items £1.50*

## Hikers Packed lunch

Selection of homemade sandwich, water, crisps, homemade flapjack and

Banana or apple.....£8.65

*Please place the order the day before to take away  
next morning.*

*If you wish you can also order by phone on 01690  
720429.*

# Lunch

*(Served from 12.00pm)*

*Homemade soup of the day* with bread & welsh  
butter.....£4.50

*(Please see the board for today's option)*

# Open sandwiches

*Served on thickly sliced granary or white cob bread*

<i>Home roasted welsh beef with horseradish sauce.....</i>	<i>£6.85</i>
<i>Home cooked chicken breast with garlic mayonnaise.....</i>	<i>£6.35</i>
<i>Smoked salmon with cream cheese .....</i>	<i>£8.20</i>
<i>Home cooked ham and red welsh mature cheddar cheese.....</i>	<i>£7.00</i>
<i>Red welsh mature cheddar and caramelised onion.....</i>	<i>£5.35</i>
<i>Grilled thick cut bacon, brie and cranberry.....</i>	<i>£8.20</i>
<i>Bruschetta style (tomato, onion, olives, pesto).....</i>	<i>£5.55</i>
<i>Coronation chicken.....</i>	<i>£6.35</i>

*All sandwiches are served with Salad Garnish and crisps.*

# Ploughman's Lunch

<i>Choice of either red welsh mature cheddar <u>or</u> mild welsh cheddar with home cooked ham, Salad, apple, Homemade caramelised red onion, thick cut bread and Welsh butter.....</i>	<i>£8.95</i>
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# Panini

<i>Brie and cranberry.....</i>	<i>£6.70</i>
<i>Grilled thick cut bacon, brie and cranberry</i>	

.....£8.10

Grilled thick cut bacon and welsh cheddar  
cheese.....£7.00

Home cooked ham, red welsh mature cheddar cheese and red  
onion.....£8.10

Tuna  
melt.....£6.70

*All Panini are served with salad garnish and crisps.*

## Jacket potato

Choose any of the following fillings: baked beans, home cooked ham,

Welsh cheddar cheese, home roast chicken, tuna mayonnaise and coronation chicken,

Served with salad  
garnish.....£6.10

## Salads

Smoked salmon and cream cheese  
.....£8.20

Home roasted welsh beef  
.....£6.85

Home cooked ham.....£6.85

Feta cheese & olives  
salad.....£6.10

## Side orders

Chips/with cheddar  
cheese.....£2.70/£3.30

Garlic bread/with cheddar  
cheese.....£2.00/£2.40

## Children's special

Chicken pop-pops, chips *or* mash with peas *or* baked  
beans.....£4.50

Fish fingers, chips *or* mash with peas *or* baked  
beans.....£4.50

Burger and  
chips.....£5.00

Sausage, chips *or* mash with peas *or* baked  
beans.....£4.50

## Snacks/Afternoon tea

Welsh cakes and welsh  
butter.....£2.00

Tea cake with welsh  
butter.....£2.40

Traditional local Bara Brith with welsh  
butter.....£2.00

Caramel shortbread (milk chocolate or white  
chocolate).....£2.40

Homemade chocolate  
flapjack.....£2.35

Homemade fruit and nuts  
flapjack.....£2.40

*Homemade plain  
flapjack.....£2.20*

*Homemade scone with welsh butter, jam and clotted  
cream.....£4.50*

*For today's homemade special cakes please see at the  
counter.*

## *Hot Drinks*

*Espresso.....£1.90*

*Americano.....£2.10*

*Cappuccino.....£2.60*

*Latte.....£2.70*

*Pot of tea for one (decaffeinated available)  
.....£1.80*

*Selection of teas: Redbush, Camomile, Peppermint, Green Tea, Fruit Tea, Earl Grey,*

*Lady Grey, Assam, Lemon & Ginger, Darjeeling,  
Chai.....£2.10*

*Mug of fresh filter  
coffee.....£1.80*

*Hot chocolate with cream and  
marshmallows.....£2.70*

Horlicks.....£2.  
60

## Soft Drinks

Welsh water still/sparkling  
330ml.....£1.20

Coke/diet coke  
330ml.....£1.30

Sprite/diet sprite  
330ml.....£1.30

Fanta/Ginger Beer  
330ml.....£1.30

Bottled orange or apple juice  
200ml.....£2.10

Squash orange/blackcurrant/lemon  
285ml.....£1.30

Lucozade Sport Raspberry or  
Orange.....£2.35

Red  
Bull.....£2.35

**If you have any ALLERGIES please inform us before you place your order.**

